

Inside Out Series



Start Right
Live Strong
Finish Well

Building Positive Change From The Inside Out

Overview

People are the most important asset to any organization. How do we as employees add value to our organization? Are we “Making a living” or “Living a Life”? Are we giving our best at work and doing things with passion and joy, all anchored on a purpose?

There is a saying “A happy staff is a motivated and productive staff”. A staff who is engaged, motivated and productive will move the company towards greater success and profits. Would you like to be able to sustain your passion and joy in the things that you pursue throughout your lifetime?

The Heart That Stirs

At Logos Learning, we believe that the answer lies in the individual’s Life Purpose.

Deep inside all of us is a desire to lead significant and meaningful lives. When we discover what our purpose is and find a way to live that out through our job, it becomes natural for us to want to do the best for ourselves and for the company that we work for.

Your SUCCESS as a leader, a manager, an executive or business owner should not be measured merely by all that you do. Excellence is not determined by completing a to-do list. The degree of how purpose-driven you are is the way to excel in your field and business.

About the workshop

Through a 2-day workshop, we would take you through a journey of self-reflection and self-discovery to see why your work matters and develop practical handles and strategies to be effective and productive at work and in the other areas of your life.

Customised Workshop available

If you are an employer, will you like to have employees who are driven with purpose, passion and joy? Will you like to reduce staff turnover in your organization? How are you motivating your staff to minimize absenteeism?

Research has shown that staff who find purpose and meaning in their work could lead to reduction in turnover and absenteeism at work. Contact us today and let us share with you how you can engage your staff by helping them discover their personal purpose and meaning in their work.

Productivity From The Inside Out

Workshop Program:

Discovering Your Life Purpose

How can we be happy and satisfied with the lives we are living? The key to this question is to live a purpose-centred life. Go back into your past, look at your present, and envision the future you want for your work and other areas of your life. Discover your life purpose with the guidance of our facilitator and learn how to write your life purpose statement.

Applying The Finishing Well™ Framework

What is life? What are the roles we play and how do they allow us to fulfil our life purpose? Through various activities, determine the roles we play in the different areas of our lives and prioritise them according to the different seasons of our lives. By aligning our roles to our purpose, you'll be able to view your work from a more meaningful perspective.

Setting Goals And Planning Activities

Discovering our life purpose is just a start in steering ourselves towards a productive and meaningful life. What remains is the arduous task of keeping true to our purpose through the numerous activities that we carry out each day. In this part of the workshop, you will learn how to set purposeful goals for your work and how to plan activities that would make you most effective.

Understanding Enablers

Without a life purpose, we tend to chase after enablers. What are enablers and how are they different from life goals? This part of the workshop clarifies the differences and introduce you to the 3 enablers - Personal Development, Health and Wealth. These enablers can help you better achieve your life goals. A healthier individual that manages our personal finances well would naturally be more effective at work and at home.

Effective Timetabling

Actions validate our intentions and desires. At the end of the workshop, you will learn how to put together a "purposeful timetable" that will guide you each day as you live an engaged and purpose-centred life at your work and other areas of your life

Finishing Well™ Framework



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